

## Behavioral Strategies For Home Based Learning

*Below are some strategies to use with students at home when they are struggling to complete the assigned tasks from their teachers.*

*Doing school work at home can be a difficult concept for our students to understand, especially our young learners. While you are attempting to keep a routine and have them complete the school work that is available to them I wanted to offer some suggestions if they start to have some/any behavior difficulty due to the task demands, or you just want to switch up the routine a little bit:*

- *Work/Break schedule*
  - *This includes allowing the student to earn a short 2-3 minute break after completing a work demand*
  - *A break can include drawing, coloring, puzzles, playdough, putty, reading a favorite short story with an adult, or anything else that families can think of that their learner would like to do after completing an assignment*
    - *A break can also be electronics if the student is able to easily come off of the electronic and get back to academic demands*
      - *If not, electronics could be used as a reward for the completion of a whole assignment, or the end of the assignments for that day*
- *Shorten the tasks/demands*
  - *If a student is struggling to complete an entire assignment in one sitting, break up the work in to smaller achievable tasks, such as breaking up a 10 question assignment into two 5 question assignments with either a break in between or a different assignment/topic in between.*
- *Gain behavioral momentum*
  - *This strategy is helpful when a learner is struggling to get started or finishing a task.*
  - *This strategy consists of asking the learner to do 2-3 very easy skills before redirecting them back to original demand*
    - *For younger learners it may be asking them to verbally answer some questions about the color of their shirt, their age, or label items that are in their general vicinity and then re-presenting the original demand as you have gained some momentum*
    - *For older learners it may be having them complete the easy parts of the assignment before completing the more difficult tasks, such as doing some basic addition in a math assignment before asking them to complete a word problem, etc.,*