



# OCTOBER 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast will alternate between the listed items each week .</b>	Muffin – Blueberry or Banana	Pancake on a Stick or Pig in a Blanket	Goody Ring Donut or French Toast	Sausage and Biscuit	Cereal Bar – Trix, Coco Puff , or Cheerio	<b>Students can have milk or water with their lunch</b>
			1 Hamburger or Sloppy Joe, Salad, Pickles, Fries, Fruit	2 Chili Mac or Nuggets, Roll, Potatoes, Dippers, Fruit, Cobbler	3 Nachos or Chili Dog, Chips, Salad, Cheese Stick, Peaches, Fruit	4 
			5	6 Hot Ham & Cheese or Pizza, Chips, Corn, Pineapple, Cookie, Fruit	7 Soft Taco or Enchilada, Rice, Refried Beans, Pears, Congo Bars, Fruit	8 Turkey & Rice or Nuggets, Potatoes, Roll, Green Beans, Mixed Fruit, Fruit
12	13 BBQ Chicken or Pizza, Roll, Mac&Cheese, Salad, Fruit, Frozen Dessert	14 Spaghetti W/Breadstick or Burger, Cheese Stick, Broccoli, Fruit, Mixed Fruit	15 Hoagie or Sloppy Joe, Chips, Pickle, Beans, Fruit, Salad, Brownie	16 Nuggets or Turkey Burger, Fries, Corn, Salad, Cookie, Fruit	17 Fish or Chicken Wrap, Carrot Sticks, Pears, Fruit, Cookie	18
19	20 Ravioli or Pizza, Corn, Salad, Peach Crisp, Fruit	21 Chicken Burger or BBQ Sandwich, Chips, Pickle, Pork'n Beans, Fruit, Jello	22 Hat Ham & Cheese or Corn Dog, Tator Tots, Cooked Carrots, Salad, Fruit	23 Steakfingers or Chicken Strips, Potatoes, Roll, Salad, Green Beans, Applesauce, Fruit	24 Bearcat Lunch or Hot Pocket, Peas, Peaches, Dippers, Cookie, Fruit	25
26	27 Crispito or Soft Taco, Salad, Beans, Mixed Fruit, Cake, Fruit	28 Lasagna or Pizza, Breadstick, Salad, Green Beans, Fruit, Ice Cream Cup	29 Hamburger or Sloppy Joe, Salad, Pickles, Fries, Fruit	30 Chili Mac or Nuggets, Roll, Potatoes, Dippers, Fruit, Cobbler	31 Nachos or Chili Dog, Chips, Salad, Cheese Stick, Peaches, Fruit	